WISE DIRECTIONS
AGED CARE



Welcome to our first newsletter

This week I am facing one of the hardest decisions many families encounter. At 96 years of age, my mother is moving into residential aged care. Like many families, I hoped she would be able to remain at home forever. For more than 20 years, my mother has lived in my home, and it has been a privilege to care for her.

While this journey has been deeply personal, it has also reinforced something I learned during more than 25 years working in senior and executive roles across government, including in health, disability and ageing. Many families are trying to navigate systems that can feel confusing, overwhelming and difficult to access at exactly the time they are already dealing with emotional and practical challenges.

This experience has reminded me that aged care decisions are never just practical decisions. They are deeply personal decisions made with love, concern and often a great deal of emotion.

It is also why I established Wise Directions Aged Care. Our business grew from the belief that families deserve independent guidance, clear information and compassionate support when navigating aged care.

Anne Talbot
Founder & Director
Wise Directions Aged Care

Aged Care Updates

Queensland Seniors Month

October is Queensland Seniors Month with the theme Connect and Celebrate.

Read more: https://www.qld.gov.au/seniors/recreation-staying-connected/events-awards/seniors-month

Dementia Research

New research highlights the growing importance of dementia awareness, prevention and family support.

Read more: https://www.abc.net.au/news/2026-10-13/dementia-prevalance-for-women-to-increase-by-2050/107256064

Hospital and Aged Care Pressures

Reports continue to highlight increasing demand on hospitals and aged care services as Australia's population ages.

Read more: https://www.abc.net.au/news/2026-10-13/acem-report-aging-population-health-system-crisis/107257352

How We Can Help

Whether you are exploring support at home, respite care or residential aged care, we are here to help.

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